

The ABCs of Mental Health in the Early Years: Recognizing and Intervening with Children At-Risk

April 24, 2010



This workshop is designed to assist service providers in identifying when a child may benefit from extra support in the area of mental health. Content will focus on young children in the 0-6 years age range and differentiating mental health concerns from behavioural concerns.

Topics addressed will include:

- An understanding of the origin of mental health versus behavioural issues.
- An understanding of how mental health issues “look” different from behavioral concerns.
- Resources/recommendations for behavioural strategies in working with young children.
- Acknowledge various treatment strategies, although these will not be addressed in detail.
- Focus will be on identifying when a referral to mental health would be appropriate and when concerns may be more effectively addressed through behavioural strategies.



Cost: ***FREE!***

When: Saturday, April 24, 2010: 9:00 am to 4:00 pm

Where: Revelstoke Community Centre

To Register: Call 250-837-6669

Who: This session will be of interest to all service providers who work with young children.

Dr. Vanessa Lapointe R.Psych.

Dr. Lapointe has a background in school and developmental psychology, and currently works in private practice with babies/children and their parents. Her areas of expertise include psychoeducational assessment of children, as well as counseling children of all ages and supporting parents. Dr. Lapointe uses a variety of therapeutic approaches in her counseling work to help families and children with issues concerning parent/child attachment, parent/family empowerment, as well as anxiety, behavioral and mood

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difficulties. Dr. Lapointe enjoys teaching seminars to a wide range of professionals and parents throughout B.C., and consults with local and provincial organizations in a

collaborative effort to improve outcomes for all young children.



We appreciate generous support for this presentation by:



Revelstoke Early Childhood Development Committee



Child Care Resource & Referral



(Revelstoke's Society)



School District #19 District Parent Advisory Council



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