

Revelstoke Senior Citizens Association and Seniors Activity Centre

Phone: 250-837-9456

Email: revelstokeseniors@rctvonline.net

Location: 603 Connaught (behind the Community Centre)

Membership is \$10 per year and most activities are free.

A variety of activities throughout each month:

- Monthly birthday party
- Bowling
- Carpet Bowling
- Card playing
- Choir
- Potluck supper
- Aqua-fit and fitness class
- Pool table
- Wii
- Speakers

Computer Lab for Seniors Association members offers free computer tutorials, from computer basics and email, to PowerPoint and photo-editing.

Wednesday morning **Seniors Counsellor** offers assistance with forms and applications.

Volunteer Transportation Program offers free transportation for those in need:

- In-town rides to medical appointments, programs or special events.
- Out-of-town rides to or from medical appointments
- When other transportation options are not available.
- Volunteers always needed for local and long distance drives.
- Men and Women of all ages are welcome to register for the program or volunteer.

Good Morning Program offers a friendly phone call each day for those in need.

- A great way to stay safe and be connected with others.
- You do not need to be a senior to request this service.
- Men and Women of all ages are always needed to volunteer to make these cheerful phone calls.