

**Revelstoke Community Social Development Committee (RCSDC)  
Social Development Coordinator**

**2012/2013 WORK PLAN – YEAR END REPORT**

**JUNE 11, 2013**

**REGULAR ACTIVITIES**

- Maintain a central office location, with provision of meeting space.
- Distribute information relevant to the social sector on a daily basis.
- Meet with a variety of social sector representatives on a regular basis to track & respond to social sector opportunities and challenges.
- Maintain and update [www.revelstokesocialdevelopment.org](http://www.revelstokesocialdevelopment.org)
- Maintain and update [www.welcometorevelstoke.org](http://www.welcometorevelstoke.org)
- Coordinate & attend Social Development Committee steering committee meetings, fulfilling regular reporting requirements.
- Regularly update & distribute the Directory of Social Services.
- Attend regular meetings and planning sessions of the following groups:
  1. Early Childhood Development Committee
  2. Revelstoke Literacy Action Committee
  3. Seniors' Volunteer Coordinator Steering Committee
  4. Health Care Advisory Committee
  5. Youth Initiative Committee/Youth Advisory Committee
    - Youth Mental Health and Substance Use Subcommittee
  6. Screen Smart Committee
  7. Integrated Community Sustainability Plan Steering Committee (ICSP)

**ICSP**

- Provided background materials, recommendations & reviewed documents for the social aspects of the ICSP.
- Attended all ICSP steering committee meetings, the inter-committee meeting & the scenarios workshop.
- Provided input through personal interviews.
- Attended the Sustainability Fair in November & Sustainability Celebration in Feb.
- Coordinated social sector planning & priority session Jan 16<sup>th</sup>; assisted with the organization/facilitation of this event, and presented on two of the topic areas.
- Provided input to alignment of social priorities with ICSP goals & the development of social indicators
- Reviewed and provided input to all draft documents.

**SUPPORTING OUR SENIORS**

- Ongoing support for Seniors' Association Volunteer Coordinator.
- Grant-writing support for a variety of seniors-focused initiatives and projects; completion of a variety of reporting requirements for grants obtained.
- Supported funding & development of Seniors Association website [www.revelstokeseniors.ca](http://www.revelstokeseniors.ca)
- Coordinated the following learning events:
  - Falls Prevention workshop & classes at the Seniors Centre

- Gary Anaka, 'The Brain Coach' on brain health & wellness (in partnership with a number of different organizations)
  - Two 'End of Life' workshops (Hospice, IH Home & Community Care)
  - ICSP presentation to seniors membership
  - Panel of new immigrants (OC Anti-Discrimination Project)
  - *MY FUTURE, MY CHOICE* workshop at the Seniors Centre – with Tuulikki Tennant (Advanced Care Planning), Melissa Klages (Wills, Power of Attorney, Representation Agreements), & Tracy McKinny (Credit Union, Banking Options).
  - BC Alzheimer's Association – two workshops: one for seniors' membership on 'Understanding Dementia' and an all-day workshop for caregivers.
- Attended 'International Invited Symposium on Age-Friendly Rural & Remote Communities' in Winnipeg as one of 3 delegates from BC (Oct 15<sup>th</sup> – 17<sup>th</sup>). Presented synopsis of the symposium to the Seniors Association membership in November.
  - Contributed \$9000 funding for development of bus stop area at Seniors Centre entrance through Age-Friendly Project funding.
  - Provided grant-writing support for seniors exercise equipment at Kovachs Park. The grant was successful & provides \$20,000 towards this project.
  - Coordinated a video conference with local seniors and the BC Seniors Healthy Living Secretariat to provide input to province's Age-Friendly Program.
  - Participated on a provincial evaluation team for Ministry of Health's Age-Friendly Communities program.

### **YOUTH INITIATIVE**

- Oversaw smooth transition for youth liaison position from Karlene Loudon to Megan Shandro.
- Provide ongoing mentorship for youth liaison.
- Attended meetings & provided input to Youth Initiative Executive, Youth Initiative Committee (YIC), and oversaw smooth transition to Youth Advisory Committee.
- Assisted with recruitment of social sector representatives for new Youth Advisory Committee, and coordinated first meeting.
- Participated on steering committee for Youth Social Enterprise Feasibility Study (Community Futures lead).
- Provided content and input to design & format for the "Revelstoke Survival Guide – A Guide for Youth & Young People".
- Compiled Community Directed Youth Funds year-end report (with Youth Liaison) and liaised with Columbia Basin Trust in preparation for 2 more years of funding.
- Provided support to Youth Liaison for the submission of a number of grant applications to support youth-led projects & an update of the Youth Action Plan.

### **POVERTY REDUCTION**

- Submitted final report to Columbia Basin Trust as per funding requirements for Poverty Reduction Strategy.
- Met with Ian Gerbrandt, Managing Director, Winnipeg Poverty Reduction Council.
- Assisted with the development of a national Poverty Reduction Charter, through Vibrant Communities and a national 'Community of Practice'.

## **SUBSTANCE USE**

- Coordinated 7-week smoking cessation program for community members (delivered by Canadian Mental Health Association Shuswap/Revelstoke).
- Assisted with formation of Youth Mental Health & Substance Use subcommittee as part of Youth Initiative.

## **EMERGING SOCIAL PRIORITIES**

### **1. Mental Health Awareness**

- Assisted Canadian Mental Health Association (CMHA) with funding applications and project coordination to improve awareness of mental health issues and decrease stigma around accessing services in our community. Mental Health Awareness Week (May 6<sup>th</sup>- 10<sup>th</sup>) activities included:
    - 3 community events (Nutrition & Mental Health; Mental Health Matters in the Workplace; Interior Health Mental Health & Substance Use Team Open House).
    - Wellness Fair at Revelstoke Secondary School (led by Youth Mental Health & Substance Use Subcommittee).
    - Distribution of resources for families through Child Care providers.
- Also acquired funding to deliver a “Knowledge is Power” series in the next year, delivered in partnership with CMHA Shuswap/Revelstoke.

### **2. Welcoming Communities**

- Coordinated & partnered with Okanagan College (OC), Chamber, YIC, Rotary and Revelstoke Mountain Resort to deliver the first annual “Welcome Week for Seasonal Workers and Visitors”. The goal is to connect seasonal workers with resources, places & opportunities in the community & to build bridges between the ‘old & new’ residents.
- Acquired funding to deliver the second annual “Welcome Week” in 2013, through Okanagan College’s Welcoming Communities project.

### **3. Community Accessibility**

- Conducted interviews with service providers of clients with mobility challenges, individuals and families around accessibility in Revelstoke; provided synopsis of recommendations to Alan Mason for potential action different city departments could take.

### **4. IH Healthy Communities Initiative**

- Liaised with Betty Brown, IH Community Health Facilitator for our region, to coordinate presentations to Health Care Advisory Committee & City Council on the promotion of a ‘partnership agreement’ to support health community initiatives.
- Secured funding from BC Healthy Communities (\$5000). This will enable Revelstoke to follow through with partnership agreement without drawing on or taking away from municipal resources.

## **5. Support for Vulnerable Families**

- Supported the Early Childhood Development Committee's Access Subcommittee to submit a Columbia Basin Trust Social Grants application to develop programming to support vulnerable families and children to access services in Revelstoke (transportation and social supports). This grant was successful with Community Connections as the coordinating agency.

### **SOCIAL SECTOR TRAINING & CAPACITY BUILDING**

- Mental Health First Aid course for social sector (in partnership with CMHA & OC)
- Social Sector planning event during ICSP process.
- In process – coordinating with Service Canada and Service BC to implement a number of workshops on federal/provincial programs (access, changes, etc).

**Note:** Hospice volunteers have attended a number of the workshop for seniors (Brain Health & Wellness, End of Life, My Future My Choice, Dementia Education) – feedback indicated that these workshops have been a significant capacity-building opportunity for this small volunteer-based organization.

### **REGIONAL/PROVINCIAL/NATIONAL NETWORKING**

- Scott Graham, SPARC BC (social aspects of ICSP)
- Tara Howe, Project Coordinator, Women Creating Change, Greater Trail Skills Centre (poverty reduction)
- Dana Osiowy, Sustainability Coordinator, Cranbrook Social Planning Council (social development planning)
- Dianna Churchill, Program Manager, CMHA Salmon Arm/Revelstoke (Smoking Cessation)
- Betty Brown, Community Health Facilitator, Interior Health (Interior Health Healthy Communities Initiative)
- Jim Hamilton, Associate Director, Centre on Aging, University of Manitoba (Age-Friendly Communities Symposium in Winnipeg)
- Liz Weaver, Vice-President, Tamarak Institute & Vibrant Communities Canada Poverty Charter Action Team (poverty reduction; development of a national Poverty Reduction Charter)
- Ian Gerbrandt, Managing Director, Winnipeg Poverty Reduction Council (best practices for a local poverty reduction coalition)
- Kara Kazimer, Consultant hired by OC to do a Drug & Alcohol Counselling Certificate needs assessment (re: contacts & local background research/data)
- Doni Eve, Manager, Seniors' Directorate, Ministry of Health – Age-Friendly Communities (age-friendly planning)
- Rosemary Lawrence, Seniors' Directorate, Ministry of Health – Age-Friendly Communities (provincial age-friendly evaluation team, Age-Friendly Community Action Summary)
- Norm Macdonald MLA (Age-Friendly Communities; Poverty Reduction Strategies)
- Tracy Waldher – IH Human Resources (worker shortages in health care sectors/associated training needs)
- REACH regional advisory committee (social sector training & capacity building)

- Marie McKiernan & Tim Larose, Regional Coordinators, Red Cross Health Equipment Loan Program (delivery of local program)
- Craig Byers, Team Leader, IH Mental Health & Substance Use (Mental Health Awareness Week)
- Dawn Dunlop-Pugh, CMHA Shuswap/Revelstoke (Mental Health Awareness Week & Knowledge is Power series)
- Tara Hildebrandt, BC Alzheimer's Association, Kamloops (Dementia Education)
- Wanda Radies, Adult Special Education Department, Okanagan College, Salmon Arm Campus (moving forward on supports for adults with developmental disabilities)
- Aimee Ambrosone, Senior Manager, CBT Sector Initiatives (CBT Social Grants program, CBT Social Strategic Plan update)
- Candice Martin, Service Canada, Citizen Service Specialist (local workshops for service providers)

**Note:** Received enquiries from & provided support to Cranbrook, Chase, Trail and Nakusp regarding social planning & social development coordination. Due to the number of enquiries from other communities I have developed an information package that I send out to those who are interested.

### **2012/13 TOTAL GRANT WRITING SUPPORT**

<b>DATE</b>	<b>PROJECT</b>	<b>AMOUNT</b>
June 2012	Age-Friendly Recognition Award	\$ 1,000
December 2012	UBCM Age-Friendly Project Grant (Seniors Exercise Equipment at Kovachs Park)	\$ 20,000
February 2013	2013 Welcoming Communities Action Plan (2013 Welcome Week)	\$ 2,000
March 2013	CBT Community Initiatives (Seniors Vol Coordinator & Medical Transportation)	\$ 15,000
March 2013	CBT Community Initiatives (CMHA Mental Health Awareness)	\$ 3,000
April 2013	Credit Union Community Giving (Seniors Volunteer Coordinator)	\$ 1,000
May 2013	CBT Social Grants (CMHA Mental Health Awareness)	\$ 4,300
May 2013	BC Healthy Communities (community 'Snap Shot', stakeholder workshops, healthy living action plan)	\$ 5,000
<b>TOTAL</b>		<b>\$ 51,300</b>